

St. Matthew's Bracondale House

Annual Report 2024



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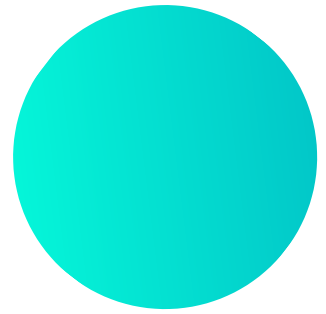


@BracondaleHouse



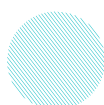
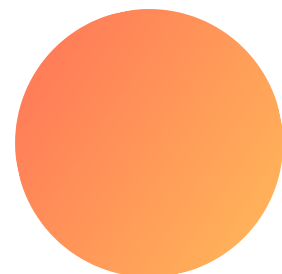
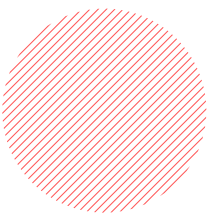
@BracondaleHouse

Charitable Registration Number:
10803 1295 RR 0001



OUR MISSION

Our community accommodates seniors and families, providing a safe and caring environment, and assisting older residents to live with dignity and independence.



Board of Directors

Chair:

David Hughes

Treasurer:

Kathleen Mangan

Secretary:

Glenn Cumming

Members:

Amanda Horn-Hudecki

Howard Katz

Jane Kuchma

Kathi Lees

Nafisa Madhani

Daniel Mekinda

Jane Schope

Melissa Shea

Jim Sweatman

Jeff Zelikovitz

OUR TEAM

Staff

Executive Director:

Susan DesLauriers

Program Director:

Todd Hazelton

Supportive Housing Manager:

Carrie Ann Cacho

Housing Services Manager:

Lisa Moshonas

Housing Manager:

Brenda Silveira

Supportive Housing Coordinator:

Devon Hughes

Arcelie Savedra

SAS Program Manager:

Betty Jerez

Program Coordinator:

Andrew Thomas

Bookkeeper:

Magdalene Gerwin

Superintendents:

Renwick Burnett

Tyler Foster

George Georgalis

David Makuto

Mercia Pearson

Sandy Zhang

Cook:

Nayra Reis de Azevedo

Personal Support Workers:

Emelyn Llonillo

Hilda Marquez

Janeil Mullings

Lisa Persad

Gloria Placido

Marian Ragucos-Basbas

Marisa Ramos

Ludina Santos

Maria Soccorro Tiamzon

Anna Tucci

Looking Back on 2024

Report from the Board Chair

The fiscal year ending December 2024 provided an opportunity for St. Matthew's Bracondale House to resume operations and services to a level that resembled the period prior to the Pandemic. We had a chance to reflect on the remarkable "Lifeline on St. Clair" that Bracondale is, and that so many of us take for granted. For many of today's older women without wealth, the high cost of housing drains limited retirement income leaving them with little left for food or everyday expenses, let alone dinner with friends. Those most affected are often single, divorced or widowed. They have no one with whom to share the costs of living. It can especially impact those who stayed home to raise children and later earned less than men, leading to a lower retirement income. Without Bracondale's affordably priced apartments, supportive housing provided by our personal support workers and SAS social and recreation programs, residents would live in financial stress and community members would be more isolated. On behalf of the board, I want to thank our Executive Director, Susan DesLauriers, and the staff for their commitment to our residents and community members during 2024. We would like to welcome Devon Hughes, George Georgalis and Gloria Placido as new members of our staff.

I would also like to thank my fellow board members for their time and commitment to the Bracondale model of housing and aging and their engaged participation. We thank departing board members, Susan Noakes and Irfan Laka, for their many hours of

service and welcome new board members Amanda Horn-Hudecki, Kathi Lees, Jim Sweatman and Nafisa Madhani. In addition to the usual oversight of Bracondale's financial wellbeing and risk management, the board invested time and effort in 2024 to the following areas:

- Succession planning for the March 2026 retirement of our long-time Executive Director, Susan DesLauriers.
- Hired Pesce and Associates, an HR consulting firm, to complete a review of Bracondale's organizational structure and HR practices including policies, performance review structure, job descriptions and compensation which resulted in a Future State Plan.
- Researched and implemented a matching Group RRSP/TFSA plan for Bracondale staff.
- Engaged in planning and working with our engineering consultants on capital projects and potential energy saving initiatives.

We thank our funders who enabled Bracondale to offer affordable housing (City of Toronto), social and recreational activities for seniors in the community and residents (Ontario Ministry for Seniors and Accessibility and City of Toronto) and funding for supportive housing and congregate dining for our aging residents (Ontario Health). We are grateful to The Catherine & Maxwell Meighen Foundation, The D.H. Gordon Foundation and The Norman & Margaret Jewison Foundation for their very generous grants which support the Bracondale mission.

David Hughes
Chair of the Board
of Directors

"We thank departing board members, Susan Noakes and Irfan Laka, for their many hours of service and welcome new board members Amanda Horn-Hudecki, Kathi Lees, Jim Sweatman and Nafisa Madhani."

Looking Back on 2024


Report from the Executive Director

Sadly, this is my last annual report for St. Matthew's Bracondale House. I would like to take this opportunity to thank everyone involved with this wonderful place as I'm retiring from my position as Executive Director. Planning for my retirement has given the board time to get ready for the future and hire the new successor in May 2025. I will be staying to allow for a smooth transition of the new Executive Director for as long as I am needed. This is the right time to retire as Bracondale is in a healthy position with the ability to make future investments in our buildings, employees, services and programs. The new Executive Director will carry out the Board's strategic vision in making sure the residents and community members continue to thrive at Bracondale.

The most rewarding part of my career at Bracondale has been the forming of friendships with the residents and their families. I have learned so much from them; their resilience in dealing with their health challenges; the caring and compassion they give to one another, their neighbours and friends; and their expertise and advice which is always welcoming. Our staff value our partnership in working closely with the residents in developing needed services and programs such as the eating well program providing companionship and nutritious meals, supportive housing services for residents to continue living independently at Bracondale, and the social and recreational programs to keep everyone healthy and active while promoting social inclusion.

It has been an honour to work with all of the staff members for these many years. The dedication and talent of our staff never ceases to amaze me. We have been a team genuinely committed to going above and beyond for the care of our residents. I admire their compassion and am really grateful for their ongoing contribution to the success of Bracondale. I also appreciate their openness to the changes that will occur when the new Executive Director takes the helm.

I am grateful for the wise counsel and supportive leadership of the many board members who have guided Bracondale through many good and challenging times. Our past and current board members have donated their time, skills, goodwill and support to our organization. This year, we are saying goodbye to three of our valued board members, David Hughes, Chair, Jane Kuchma and Jane Schope. I want to again thank them for their generous contribution to Bracondale. They have spent a great deal of time sharing their skills and expertise planning for the succession without compensation but with endless generosity.



"The most rewarding part of my career at Bracondale has been the forming of friendships with the residents and their families. I have learned so much from them; their resilience in dealing with their health challenges; the caring and compassion they give to one another, their neighbours and friends; and their expertise and advice which is always welcoming."

Together we have built a strong foundation for our future growth:

- An agreement with the City of Toronto for continued funding of rent-geared-to-income subsidies and preserving low end of market rents to ensure that housing is affordable to seniors.
- Careful management of our funds to meet our operating expenses and having healthy reserve funds to maintain and repair our buildings.
- Funding of supportive housing services and congregate dining by Ontario Health to make it possible for seniors to live well and remain in their own homes for longer.
- Providing opportunities for the growing senior population to discover, engage and benefit from SAS programs; and
- Improvement of HR policies, including new job descriptions and a review of compensation.

Our funders and donors also play a critical role in maintaining our services and programs. Without their support, Bracondale would not have been able to provide the activities that all seniors enjoy and the services that the residents rely upon.

During my tenure as Executive Director, we have created opportunities for everyone to flourish at Bracondale. For our residents, this means housing that establishes a sense of safety, security and well-being, as well as a welcoming community. For our staff it means a supportive work environment that celebrates each person's capacity to contribute, learn and progress in their careers. And for our Board it means working together in ensuring a financial viability of Bracondale with resources to take care of our aging residents, and community members and maintain our buildings. Together we are helping seniors achieve better lives, better health and better futures.

Susan DesLauriers
Executive Director

A Message from the Incoming Executive Director

It is with deep gratitude and great anticipation that I join this remarkable community as your new Executive Director. I am honored to step into this role and build on the strong foundation laid by Susan, whose thoughtful leadership has created a culture of compassion, dignity, and inclusion.

As I take on this responsibility, I do so with a commitment to both honoring our past and embracing our future. Together, we will continue to put people at the heart of everything we do, while modernizing our operations, reimagining our spaces, and expanding our reach to support even more individuals in need. We will build this together, as one community striving towards excellence.

Along the path ahead, you'll hear of some exciting changes: refreshed and more accessible facilities, streamlined processes, and new partnerships that will strengthen our impact. This is a time of renewal and opportunity, and I'm thrilled to be part of it.

To our residents, your resilience inspires every step forward. To our volunteers, your generosity lights the way. And to our dedicated staff, your commitment is the foundation of our success. You each make this community what it is, a place where care, purpose, and connection truly thrive.

Thank you for welcoming me so warmly. I look forward to listening, learning, and working alongside you as we shape a vibrant and hopeful future together.

With gratitude and excitement,

Adriano Murarotto, MSW RSW
Executive Director



“Along the path ahead, you’ll hear of some exciting changes: refreshed and more accessible facilities, streamlined processes, and new partnerships that will strengthen our impact. This is a time of renewal and opportunity, and I’m thrilled to be part of it.”

FOUNDATIONS

The Catherine & Maxwell Meighen Foundation

The D.H. Gordon Foundation

The Norman & Margaret Jewison Foundation

OUR FUNDERS

Government of Ontario

Ministry for Seniors
& Accessibility



Ontario Health
Toronto Region



Government of Canada

Canada Summer Jobs
New Horizons for
Seniors Program



City of Toronto

Shelter, Support &
Housing Administration



Community Service
Partnership Program



OUR PARTNERS

AdvantAge Ontario

Dr. Claudio Borgono (Family Doctor)

Canadian Broadcast Sales

Christie Pharmacy

CRA Income Tax Clinic

The Rotary Club of Toronto

Ontario Community Support Association

Ontario Health, Toronto Region

St. Matthew's United Church

Loblaws Pharmacy - Vaccines

Wychwood Presbyterian Church

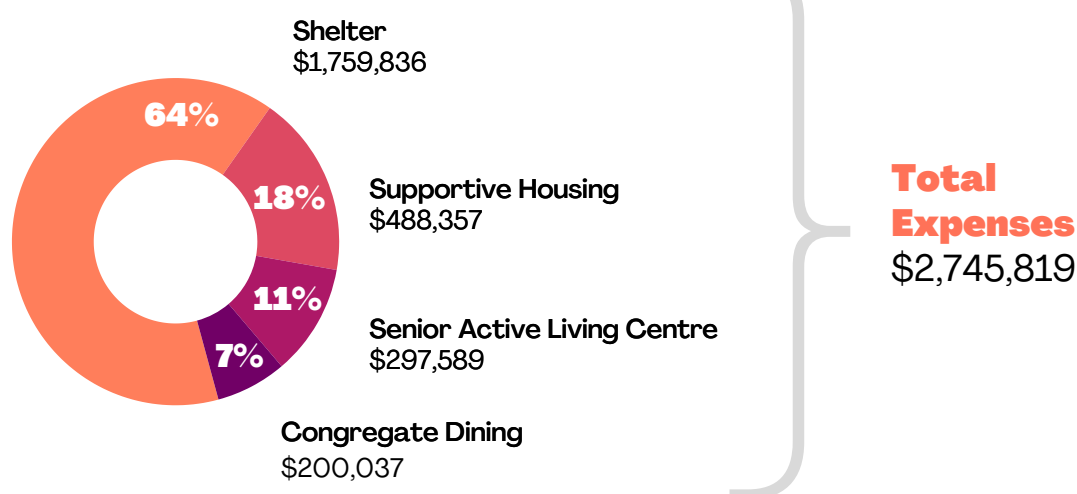
Financials

STATEMENT OF FINANCIAL POSITION

AS OF DECEMBER 31, 2024

ASSETS	2024	2023
Current Assets	2,932,257	2,052,433
Capital Reserve Assets	1,851,204	1,651,811
Property and Equipment	-	-
Total Assets	4,783,461	3,704,245
LIABILITIES	2024	2023
Current Liabilities	688,734	433,641
Capital Reserve Fund	1,851,203	1,651,811
Operating Fund	2,263,524	1,618,793
Total Liabilities & Fund Balances	4,783,461	3,704,245
Trust Fund	367,604	330,267

ALLOCATION OF EXPENSES



STATEMENT OF SHELTER INCOME & EXPENSES

AS OF DECEMBER 31, 2024

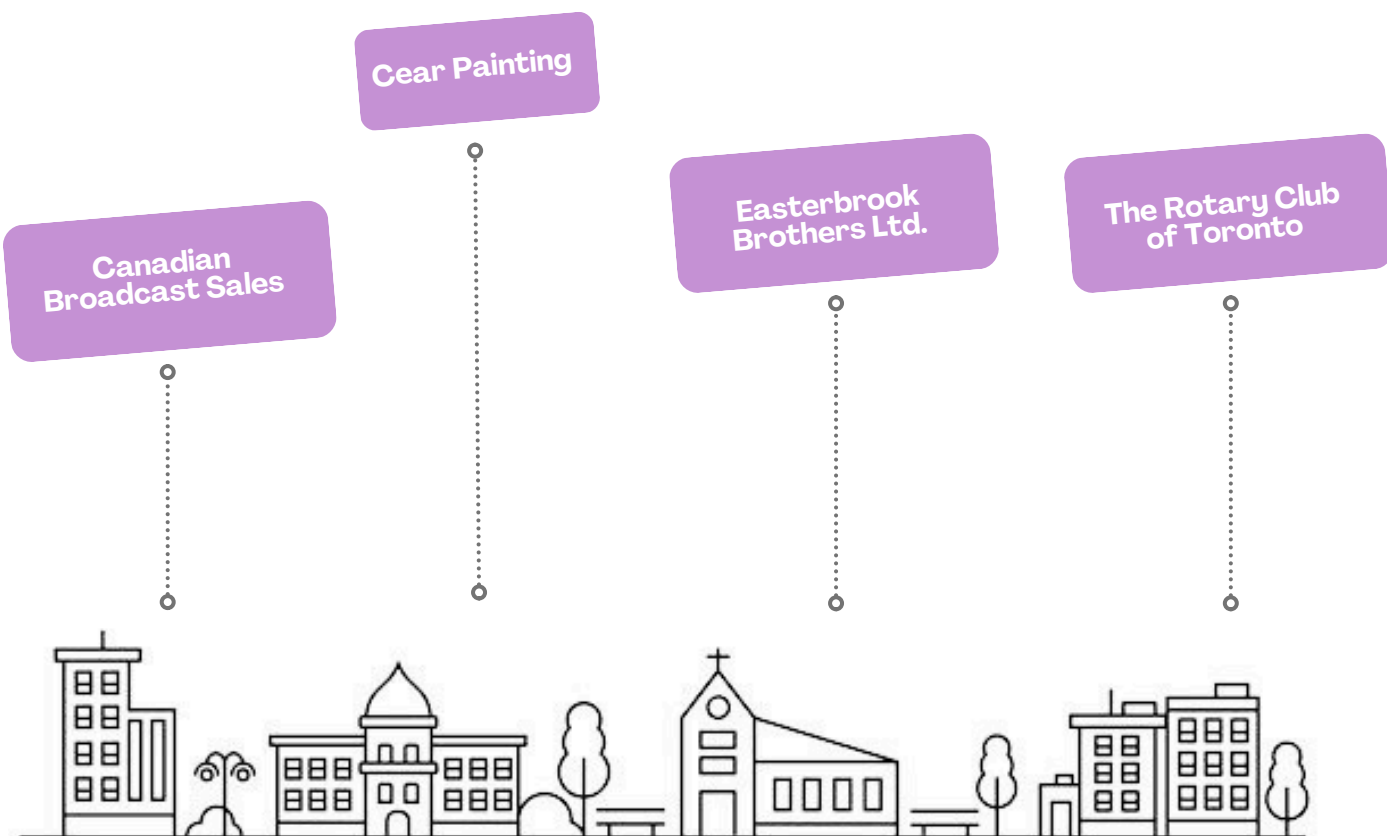
INCOME	2024	2023
Current Assets	2,400,995	1,898,616
EXPENSES	2024	2023
Property Taxes	0	132,293
Maintenance & Repairs	571,373	544,062
Utilities	322,936	252,970
Allocation to Capital Reserve Fund	377,612	361,351
Other Expenses	487,915	414,047
Total Expenses	1,759,836	1,704,723
SURPLUS OF REVENUE OVER EXPENSES	644,159	193,893

STATEMENT OF NON-SHELTER INCOME & EXPENSES

AS OF DECEMBER 31, 2024

SENIOR ACTIVE LIVING CENTRE		
INCOME		
Grants	165,601	127,564
Amenity Fees & Memberships	90,535	80,482
Donations & Foundations (Bracondale Trust Fund)	30,745	49,679
Other Income	10,708	9,458
Total	297,589	267,183
EXPENSES		
Salaries & Employee Benefits	173,311	160,590
Program Costs	103,742	82,113
Other Expenses	20,536	24,480
Total	297,589	267,183
SUPPORTIVE HOUSING		
INCOME		
Ontario Health - Toronto Region	486,817	448,331
Total	486,817	448,331
EXPENSES		
Salaries & Employee Benefits	431,352	403,047
Other Expenses	57,005	41,288
Total	488,357	444,335
SURPLUS DEFICIT	(1,540)	3,996
CONGREGATE DINING		
INCOME		
Ontario Health - Toronto Region	105,557	99,381
Meal Program	62,255	64,798
Total	167,812	164,179
EXPENSES		
Salaries & Employee Benefits	115,673	108,265
Other Expenses	84,364	76,152
Total	200,037	184,417
TRANSFER FROM SHELTER	(32,225)	20,238

OUR DONORS



BUSINESS DONORS



Individual DONORS

Adrienne Adie
 Maria Allen
 Olga Alzate
 Subbaraman Anantha
 Ziauddin Ansari
 Lynette Assness
 Hillary Bartlett
 Christopher Bee
 Larisa Bogatyrev
 Yoseph Brehanu
 Pearl Buenafe
 Maria Buenafe
 Grace Bulaong
 Gayle Burns
 Catherine Bustamante
 Margarita Calderon
 Joan Clemo
 Lorne & Cathy Cotter
 Jennifer Cowley
 Gabriele Craig
 Jacquie Doran
 Nita Doria
 Helen Duhaime
 Brigid Elson
 George Georgalis
 Luke George
 Marjorie Gibson

Carlita Gumbs-Hill
 Joyce Gundy
 Susan Gunhouse
 Joyce Gunhouse
 Margaret Gunhouse
 Mark Gurari
 Elizabeth Guthrie
 Dennis Hanagan
 Anne Harris
 Peggy Helliwell
 Dianne Hendrie
 Mary Hickman
 Sherill Hilton
 Covell Hinkson
 Deborah Hughes
 Heidi Jeffery
 Betty Jerez
 Sumiko Jin
 Grenville Johnson
 Joan & Peter
 Kreutzner
 Barbara Lackraj
 Hazel Lawson
 Pat Lenard
 Naomi Levy
 Domenico Luciano

Sheila MacDonald
 Gordon MacLean
 Linda McFarlane
 Cindy Medeiros
 Maria Melendez
 Gerry Migliarisi
 Margaret Millar
 Wai Yin Mok
 Lorraine Mollon
 James Montgomery
 Gloria Montoya
 Soraya Motameni
 Gerlinde Mueller
 Isabelle Noah
 Elisabeta Palatkai
 Mercia Pearson
 Lisa Persad
 Quang Pham
 Mirta Pino
 Kathryn Posthumus
 Mabel Poyser
 Lis Riveros
 Robert Robichaud
 Shirlee Robinson
 Arbela Rodriguez
 Guevara

Jamie Rowland
 Carmen Sancho
 Arcelie Savedra
 Robert Seguin
 Mary Simpson
 Seik Song
 Maria Sousa
 Monica Spragge
 Kathleen Stark
 Lillian Stelter
 Cuong Ta
 Marina Taverner
 Embaye Teferi
 Andrew Thomas
 Janis Trotman
 Marilynne Unger
 Yolanda Valencia
 Doreen Vanini
 Mabel Wainberg
 Miriam Watkins
 Christine Watt
 Kenlyn Welcome
 Pearline Wisdom
 Valerie Wright
 Pear Yaffe

Tenant Snapshot

Our **Housing** offers seniors and families a safe and secure place to live.

Median Tenant Income Receiving Subsidies



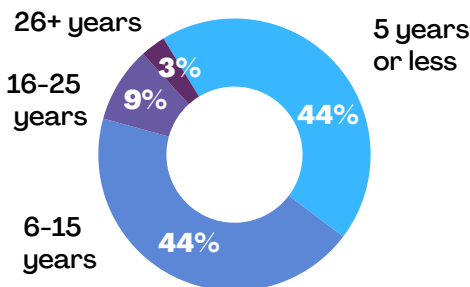
Seniors: \$22,179
Families: \$29,970

Congregate Dining



Total Meals Served: 5,524
Attendance Days: 21,530

Length of Time at Bracondale



David Makuto
Bracondale Resident
& Superintendent

I am writing to express my heartfelt gratitude and reflections on my journey with St. Matthew's Bracondale House.

I initially joined the organization in 2007 and served as Superintendent until 2011. During my four years here, I experienced a unique sense of community, where we functioned as one big family. The supportive management team, including Susan DesLauriers, Baba Torres, and my co-workers, Sandy Zhang and the PSWs, made my tenure not only enjoyable but also deeply fulfilling. The mutual respect we shared fostered an environment of collaboration and strength.

In February 2024, I had the sincere pleasure of rejoining St. Matthew's Bracondale House. It was heartwarming to find that many employees and tenants I worked with previously are still here. The welcome I received was nothing short of amazing, reaffirming the strong bonds that we had formed. It felt as if I had merely been on vacation, and upon my return, I was enveloped with a sense of connection and belonging that truly humbled me.

I would like to take this opportunity to extend my deepest thanks to the management, my co-workers, and the tenants of St. Matthew's Bracondale House for graciously allowing me to be a part of this remarkable family once again. It solidifies my belief that this organization truly takes care of its employees, and I am proud to call it my permanent home.

Thank you for this opportunity. I look forward to contributing to our shared mission as we continue to make a positive impact in our community.

Supportive Housing:

- Medication reminders
- Light housekeeping and laundry services
- Assistance with personal care
- Security checks
- Light meal preparation
- Shopping Service

Meal Program:

- Daily communal meals (delivered)
- Evening meals four days a week

Housing Services:

- Work orders & repairs
- Cleaning

Health & Wellbeing

- Monthly support for hearing impaired
- Monthly podiatrist visits
- Weekly hair salon

Social Activities:

- Special social lunch events
- Youth led digital literacy assistance
- iPad borrowing program
- Ice cream socials and garden parties
- Free musical performances
- Memorial services
- Yearly income tax clinics
- Zoom Family video calls
- Computer support and referrals

Pastoral Care:

- Pastoral visits
- Non-denominational services

Programs & Services

Senior Adult Services - Active Living Centre

- A variety of social and recreational programs for residents and community members
- Quality fitness programs for all levels of ability
- Lecture Series
- Telephone assurance
- Educational sessions

Annual Events:

- Summer courtyard barbecues
- Christmas party & seasonal activities
- Easter, Thanksgiving, and Christmas Day dinners



Betty Scala
(Resident)



Moving to Bracondale fourteen years ago from Victoria, BC, has proven to be a truly fantastic experience. Upon arriving, I quickly felt at home and have met so many wonderful people, developing close friendships, especially with the dedicated staff. The staff here are exceptional; they genuinely go out of their way to make every event fun and engaging, contributing significantly to the vibrant atmosphere. My days are filled with enjoyable activities; I've joined the Singing for Joy class and exercise classes, eagerly participate in the monthly family brunches, always look forward to a good game of Bingo, and enjoy outings like our trips to the Madison Pub. Ultimately, living at Bracondale is like being part of a small, caring community where you feel known, supported, and genuinely looked after. It's truly a place I'm happy to call home.

Supportive Housing

Our **Supportive Housing Services** help seniors feel safe and supported while still living independently in their own homes

25,023

Total # of Resident Days

*A **resident day** is when a client receives one or more supportive housing services in the same calendar day.



Mr. & Mrs. Anantha
Bracondale Residents

Bracondale is a haven for aging seniors. The care and services extended to seniors is admirable. The Bracondale team is lead by the Executive Director Susan DesLauriers. We the aging senior residents are lucky to be residents of this well administered organization.

According to the World Health Organization, every nation in the world should extend the opportunity to every person to live an active and healthy long life. However, the present world's environments are not influencing good health particularly on the aging group. A well cared for aging population are an asset to the younger generations. My wife and I are most grateful for all the help, care and devoted service from the PSW team at Bracondale.

Supportive Housing at Bracondale has an excellent team of leaders in Carrie Ann Cacho, Arcelie Savedra and Devon Hughes. They devotedly keep checking up on us, and make sure someone is available to attend to our immediate needs. My wife and I are proud to be residents here.

Furthermore, Susan and Lisa Moshonas are ever ready to give any help or Supportive Housing guidance. We are grateful to them for this.

Senior Adult Services

Active Living Centre

Our active living centre offers a variety of recreational and social programs. Membership extends beyond our residents and is open to Community Members for a fee. Community Members comprise over 80% of our membership and come from across the GTA and beyond.

SAS PROGRAMS

Watercolour Art (In-person)
Gentle Yoga (Hybrid)
Gentle Chair Yoga (Hybrid)
Stretch & Relax (Hybrid)
Chair Fit (Hybrid)
Functional Fitness (Hybrid)
Dancercise (Hybrid)
Weight Bearing (Hybrid)
Osteoporosis Fitness
BeFit! (Virtual)
Pilates (Hybrid)
Singing for Joy (In-person)
Bridge (In-person)
Educational Lecture Series
Telephone Assurance
Congregate Dining Lunch
Book Club
Bingo



25+
PROGRAM HRS
PER WEEK



Sheila MacDonald SAS Member

For years I had admired the delightful image of the cowboy milking a cow on the utilities stand outside of Bracondale but I had never been inside the building. That changed some time before the pandemic when a neighbour suggested I investigate some of the programs offered by SAS.

The first time I entered the building I was impressed by the good vibes; this was a friendly, welcoming place. I cannot remember who spoke to me but I was given a brochure and invited to come on Friday afternoon to enjoy a free movie. This I did and, as the saying goes, the rest is history.

At my first lunch at **The Madison Pub**, I was warmly welcomed by two ladies who spoke enthusiastically about the group, **Singing for Joy** and invited me to check it out. The following Wednesday I did and now I, too, am an enthusiastic member of the group.

Exercise classes soon followed along with an opportunity to learn **Bridge** and express my creativity through **watercolour painting**. Now I am in great physical shape, happily singing as I work, keeping my mind sharp playing Bridge, and painting, not quite like a pro but improving.

Did I mention making new friends, enjoying great food at our **barbecues**, laughing and having a good time with some wonderful people? Did I mention how impressed I am with the high quality of the instructors? If I didn't, please let me do it now. I am pleased and proud to be a member of SAS. Many, many thanks to all who make it happen.

P.S. Florrie likes it, too!! (Sheila's dog)



230+
MEMBERS

77% Fitness

23% Recreation

ATTENDANCE DAYS PER MONTH

JANUARY - 1306

JULY - 1595

FEBRUARY - 1293

AUGUST - 561

MARCH - 1454

SEPTEMBER - 1502

APRIL - 835

OCTOBER - 1750

MAY - 1272

NOVEMBER - 1630

JUNE - 1487

DECEMBER - 474

2024: Continuing to Expand

We wanted to begin by mentioning one of the highlights of the year. As a requirement for our provincial funding, a survey was completed by an impressive 105 members in March. 97% of survey respondents **agreed or strongly agreed** that programs met their needs and interests, strengthened community engagement, reduced social isolation and improved levels of mental and physical activity. We along with our funders were very happy with the results.

Our wide range of programming continued to expand throughout 2024 as did our membership base which is at its highest level in more than 5 years and continues to grow. In January, we added an additional specialty program, **Weight Bearing** in a hybrid format. Exercises can involve your own body alone or they can be made more challenging by adding free weights (ankle weights), dumbbells or resistance bands. Furthermore, in the Spring/Summer session we added an additional **Water Colour Art** class for **beginners**. This was based on demand and feedback from our members and our instructor. An added benefit of **Water Colour Art** is the beautiful display of the artists work that is showcased in the basement.

SAS went to the **Madison Pub** every month in 2024 for the first time since 2019. Each month we had live entertainment and in consultation with their chef we have been able to further improve the menu offerings for our group. This social gathering has led to many friendships being formed.

We had another memorable bus trip on a beautiful day in October. We went to **St. Jacobs Farmers' Market** and later in the day we went to the lovely town of **Elora**. It was fun to see all the different food items people were purchasing and sampling. Once again, Emmanuel Ayala, Bracondale's summer student and part-time employee joined us and was immensely helpful throughout the day.

Lifelong learning is a crucial component of healthy aging. Our lecture series began the year with Art Historian and Travel Advisor **Elizabeth Iturbe's** virtual tour, **Art and Culture**. It was a fascinating journey through Ecuador, Paraguay, Guatemala and Mexico. Our Summer Lecture series, **Music History – 40s Famous Singers** was offered in-person for the first time since 2019. It featured a presentation by professional recording artist **Igor Laze** which included beautiful photographs along with video and audio clips. Following the presentation **Igor** performed some of the artists' most popular songs. Our Fall Lecture Series was

our first one offered in a hybrid format, **Wellness Warriors: An interactive self-care learning workshop**. **Kimberly Landreville** who is a **Registered Massage Therapist** discussed diverse wellness topics over 5 weeks.

Our **SAS Engagement Meeting** near the end of November was a resounding success. It was offered in a hybrid format to reach as many participants as possible. Members received a short list of questions via email related to program evaluation, challenges, successes and a program wish list. This allowed people to prepare for the meeting and made the discussion more productive. The love we felt from our members that afternoon was truly touching.

Moving into 2025, for the winter session there will be a **\$5 fee increase for some of our programs**. This increase will help us give our instructors a raise. They work very hard to make our programs a success and are always willing to give their best for **SAS**. We will replace **Gentle Chair Yoga** with **Pelvic Floor & Core Stability** with instructor **Kimberly Landreville** who led the Fall Lecture Series. This class will help strengthen participants pelvic floor muscles which will help with the prevention of organ prolapse, improve bladder and bowel function, and help urinary incontinence. For those who were attending **Gentle Chair Yoga** they will be welcome to attend **Gentle Yoga** as the instructor can adapt the class for those who want to participate in a chair. We are also excited to add the intellectual stimulating **Stories from Distant Places** on a bi-weekly basis in a hybrid format. Led by **Oakland Ross** an acclaimed published author and a former correspondent for the Globe & Mail and Toronto Star.

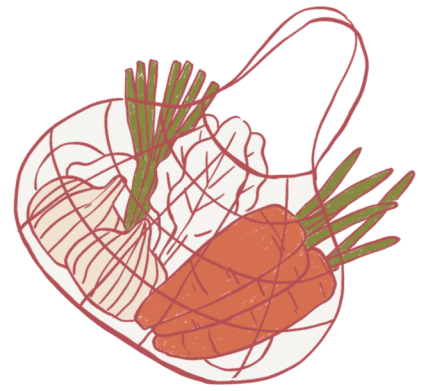
In closing, we are excited for the future of **SAS** especially as we implement **MySeniorCenter**, an automated membership database, later in the year.

Andrew Thomas
Program Coordinator

Betty Jerez
Program Manager

Fall Day Trip

A beautiful fall day at the
St. Jacobs Farmers' Market and Elora



Our Volunteers

We couldn't have done it without you

Whether serving on the board, providing clerical relief, facilitating programs, gardening, assisting with fundraising, or by serving on our committees, our volunteers were an invaluable support to our staff and seniors.

We have always prided ourselves in the unique community we've nurtured over the years here at Bracondale and we owe a great part of that to our volunteers. Our volunteers strengthen the bonds between residents and staff, and between Bracondale and its neighbourhood community.

Many of our volunteers are residents who want to give back to Bracondale. These individuals demonstrate a deep care for the community and a genuine compassion for their fellow tenants. Their efforts and the spirit of their work does not go unnoticed.



Tammy MacDonald

SAS Member



My Mom made SMBH her home in the spring of 2021. At that time the world as we knew it had dramatically changed due to Covid and I was extremely fortunate to be able to relocate Mom to a safe place closer to where I live in this vibrant neighbourhood.

Mom and I enjoy spending time in the courtyard at Bracondale. It's a great place to read a book, chat with friends and pet Charley. In spring the scent of blooming lilacs fill the air. In summer the garden is full of colourful flowers and vegetables that are planted and lovingly cared for by a team of volunteers at Bracondale. Nayra's tasty BBQ lunch in the courtyard and the ice cream truck bring residents together on Friday summer afternoons.

There are plenty of activities to keep everyone busy. We look forward to Bingo on Saturday afternoon. I have joined the bridge group and found great friends with a shared interest (possibly an addiction) for another kind of trump.

There is truly a sense of community and friendship at SMBH and you don't have to be a resident to feel connected!

OUR 2024 VOLUNTEERS

Emperatriz Oré Arroyo
Lyn Assness
Enriquetta Ayalin
Carla Bohorquez
Joan Clemo
Concetta Cosco
Gabriele Craig
Glenn Cumming
Diane da Costa
Marjorie Gibson
Beth Guthrie

Dianne Hendrie
Mary Hickman
Colin Hirons
David Hughes
Deborah Hughes
Howard Katz
Jane Kuchma
Galina Laguina
Irfan Lakha
Rebecca Lewis

Tammy MacDonald
Cindy Medeiros
Aurora Mila
Wai Yin Mok
Susan Noakes
Elisabeta Palatkai
Santiago Pardilla
Christine Pearce
Kathryn Posthumus
Mabel Poyser

Jane Schope
Melissa Shea
Kathleen Stark
Lily Stelter
Marina Taverner
Baba Torres
Marilynne Unger
Doreen Vanini
Judy Wong

ICE CREAM TRUCK



Mike's ice cream truck came on Friday afternoons throughout the summer. It was a terrific way to bring residents, community members and staff together in our lovely courtyard. Having an ice cream in a communal setting can create a sense of joy and togetherness especially on a beautiful summer day.

*I loved the ice cream, a beautiful treat!
Thank you Betty & Mike! (Lily Stelter)*

*"Keep calm, and eat ice cream. What a summertime treat to have ice cream in the garden! Thank you Bracondale!"
(Kimberly Landreville)*

I scream for ice cream! (Valerie Wright)



The Year in Numbers

Median Tenant Income Receiving Subsidies



Seniors: \$22,179
Families: \$29,970

Congregate Dining



Total Meals Served: 5,524
Attendance Days: 21,530



Supportive Housing

25,023

Total # of Resident Days



25+
PROGRAM HRS
PER WEEK



230+
MEMBERS

ATTENDANCE DAYS PER MONTH

JANUARY - 1306	JULY - 1595
FEBRUARY - 1293	AUGUST - 561
MARCH - 1454	SEPTEMBER - 1502
APRIL - 835	OCTOBER - 1750
MAY - 1272	NOVEMBER - 1630
JUNE - 1487	DECEMBER - 474

77% Fitness

23% Recreation



In loving memory

Ajit Vaidya - January, 2024

Tyler Taverner - January, 2024

Witold Wardulenski - March, 2024

Naomi Levy - April, 2024

Pearl Buenafe - May, 2024

Albenia Alfaro - October, 2024

Jean Williams - October, 2024

Always in our hearts





Thank you

We are thankful to our donors, volunteers, staff and community partners who have made these past 42 years a tremendous success despite the many challenges we have faced. We look forward to many more years being filled with even more stories, cheers and laughter!

Contact Us:



416-656-2669



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www.smbh.ca



@BracondaleHouse



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